

TERM	A/B	AUTUMN TERM			TERM	A/B	SPRING TERM			TERM	A/B	SUMMER TERM		
WEEK		HEALTH & WELLBEING			WEEK		RELATIONSHIPS			WEEK		RELATIONSHIPS		
		Building for the future					Communication in Relationships					Families		
30-Aug	A	Introduction to U5 PSHE			03-Jan	A	MOCKS			18-Apr	B	Different families & parental responsibility		
06-Sep	B	The importance of sleep			10-Jan	B	MOCKS			25-Apr	A	Fertility & pregnancy		
13-Sep	A	How to balance time online			17-Jan	A	MOCKS			02-May	B	Honour-based violence & forced marriage		
20-Sep	B	Nature, causes & effects of stress			24-Jan	B	MOCKS			09-May	A	STUDY LEAVE		
27-Sep	A	Future opportunities - safe content online			31-Jan	A	Relationship challenges and abuse			16-May	B			
04-Oct	B	Managing judgement & challenging stereotypes			07-Feb	B	Gender identity, expression and sexual orient			23-May	A			
11-Oct	A	Maintaining a healthy self-concept/Developing self-efficacy												
19-Oct	B	No lesson												
Half-Term					Half-Term					Half-Term				
		LIVING IN THE WIDER WORLD					HEALTH & WELLBEING							
		Next steps					Independence							
01-Nov	A	Application processes			21-Feb	A	Emergency first aid (alcohol/drugs)			06-Jun	B			
08-Nov	B	Skills for further education			28-Feb	B	Assessing emergency & non-emergency situa			13-Jun	A			
15-Nov	A	Skills for employment			07-Mar	A	Change, loss, grief & bereavement			20-Jun	B			
22-Nov	B	Skills for future opportunities		Interviews/CV writing	14-Mar	B	Lifestyle cancer links/importance of screening			27-Jun	A			
		RELATIONSHIPS		Communication in Relationships	21-Mar	A	Body cosmetic and aesthetic alterations			04-Jul	B			
29-Nov	A	Personal values			28-Mar	B	Accessing Health Services including sex clinics							
06-Dec	B	Assertive Communication												
13-Dec	A	How to challenge unwanted attention (offline & online)												

U5/Yr11 Long Term Overview 2021/22